



Wellness Wednesdays

A MONTHLY SUPPORT GROUP TO HELP DETROIT WOMEN AND MOMS CONNECT AND GROW!

TAKING CARE OF YOUR GIRLS

BREAST HEALTH AWARENESS



OCTOBER 19

11:30AM - 1:15PM

- Be part of our campaign to raise awareness for breast health education
- Facilitated by Alexis Harvey of the SAY Detroit Family Health Clinic
- Network, meet neighbors
- Lunch, prizes
- Space is limited
- Registration required, call 313-524-2277



FEATURED SPEAKER:
Sonya Elkins
Breast Cancer Survivor

ERNEST T. FORD
RECREATION CENTER
10 PITKIN ST.
HIGHLAND PARK, MI 48203

Wellness Wednesdays has relocated for a special series of free monthly events celebrating the women of Highland Park.

BROUGHT TO YOU BY

DETROIT SAY
FAMILY HEALTH CLINIC

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**NEXT SESSION:
NOVEMBER 16**